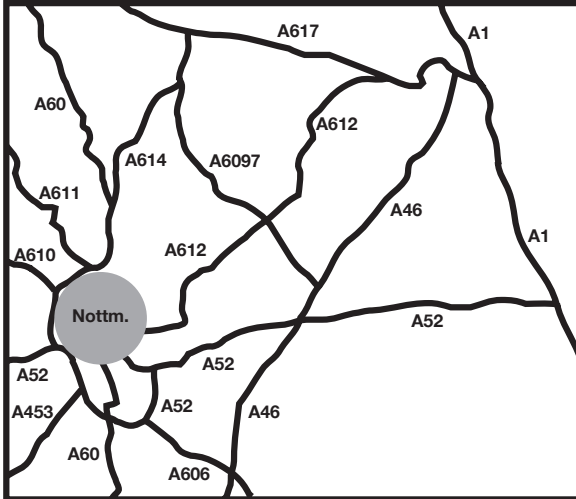


TRAVELLING FROM THE EAST



Leave A1 at Grantham on A52

At first roundabout on approach to Grantham continue straight on following signs A1 Newark. After approximately 2 miles at the second major roundabout turn left onto the A52 Bingham and Nottingham.

Travel around the A52 following signs to Nottingham, passing Muston, Elton and Bingham. Again at the roundabout continue straight on following the A52 to Nottingham. At this junction you will pass Shell services on your left.

Continuing on the A52 passing Radcliffe-on-Trent. At the next roundabout leave the A52 and follow the A6011 Nottingham City Centre, (National Water Sports Centre will be indicated on your right).

Continuing about 1 mile the road then forks. Take the right fork crossing the River Trent on the Lady Bay Bridge. You will see Nottingham Forest Football ground on your left. After crossing the bridge you will come to a set of traffic lights, turn right, (Meadow Lane). Continue straight on for approx. 100yards, and bear right at the fork passing Lady Bay Retail Park on your left and then round the corner you will pass a pub called the Magpies on your left. This is Daleside Road. Carry on along Daleside Road - going straight over at both roundabouts - Nottingham Race Course and Colwick Park will be on your right. You will approach 2 sets of traffic lights. At the 3rd set you turn right (Colwick Industrial Estate South) and turn left at junction onto Private Road Number 3. Armitages is just ahead of you to your right - a big blue building with white lettering.

